

1 km - G-10

Bib	Name	Team name	Distance	Category	Time	Difference
31	Magnus Wollan	Skogn IL	1 km	G-10	5:34.7	
32	Trym Ness-Jensen	Frol IL	1 km	G-10	3:51.7	
33	Kristian Alstad	Frol IL	1 km	G-10	3:40.3	
34	Sigurd Skoglund Leithe	Frol IL	1 km	G-10	4:00.1	
35	Albert Eggen	Frol IL	1 km	G-10	3:32.4	
36	Marius Dybdahl	Nessegutten SPKL	1 km	G-10	4:03.7	
38	Emil Hjulstad Sivertsen	Frol IL	1 km	G-10	4:17.6	
39	Brage Bjerkan Knipenberg	Skogn IL	1 km	G-10	DNS	
40	Ulrik Ness Aune	Frol IL	1 km	G-10	3:49.6	
41	Ulrik Ness Aune	Frol IL	1 km	G-10	DNS	
42	Mats Berget Roaas	Frol IL	1 km	G-10	4:10.0	
43	Iver Hov Lomsdal	Frol IL	1 km	G-10	3:53.2	
44	Oliver Fuglesang Skei	Nessegutten SPKL	1 km	G-10	3:23.9	

1 km - G-11

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	12	Sverre Sivertsen	Frol IL	1 km	G-11	3:03.8	-
2	18	Sander Matberg	Frol IL	1 km	G-11	3:31.3	+0:27.5
3	13	Ville Sandstad Skjeset	Frol IL	1 km	G-11	3:33.8	+0:30.0
4	16	Ludvig Granli Weie	Nessegutten SPKL	1 km	G-11	3:49.5	+0:45.7
5	17	Iver Andreas Alstad	Frol IL	1 km	G-11	3:53.3	+0:49.5
6	19	Johan Wist Rønning	Nessegutten SPKL	1 km	G-11	3:56.6	+0:52.8
7	21	Tore Hoff	Nessegutten SPKL	1 km	G-11	3:57.7	+0:53.9
8	23	Vebjørn Laugsand Hestmann	Nessegutten SPKL	1 km	G-11	4:02.1	+0:58.3
9	22	Sondre Ervik	Nessegutten SPKL	1 km	G-11	4:09.5	+1:05.7
10	20	Håkon Bjørnaas Oksvoll	Nessegutten SPKL	1 km	G-11	4:11.4	+1:07.6
11	14	Andreas Hildrum	Nessegutten SPKL	1 km	G-11	4:32.3	+1:28.5
12	24	Sverre Meyer-Ekle	Aasguten IL	1 km	G-11	15:10.8	+12:07.0
-	15	Jonas Almlid	Aasguten IL	1 km	G-11	DNS	-

1 km - G-12

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	2	Lukas Hammeren	Aasguten IL	1 km	G-12	3:16.6	-
2	1	Nils Søberg Fenstad	Nessegutten SPKL	1 km	G-12	3:40.9	+0:24.3
3	3	Thomas Skjesol	Aasguten IL	1 km	G-12	3:51.2	+0:34.6
4	6	Mathias Jacobsen	Frol IL	1 km	G-12	3:54.0	+0:37.4
5	4	Filip Hildrum	Nessegutten SPKL	1 km	G-12	4:04.4	+0:47.8
6	5	Marius Loe Brenne	Skogn IL	1 km	G-12	5:23.6	+2:07.0

1 km - G-8

Bib	Name	Team name	Distance	Category	Time	Difference
71	Tim Skjerve	Skogn IL	1 km	G-8		
72	Sondre Espolin Staberg	Nessegutten SPKL	1 km	G-8		
73	Filip Rønning	Skogn IL	1 km	G-8		
74	Einar Gravås Holberg	Ronglan IL	1 km	G-8		
75	August Fuglesang Skei	Nessegutten SPKL	1 km	G-8		
76	William Wabakken	Nessegutten SPKL	1 km	G-8		

1 km - G-9

Bib	Name	Team name	Distance	Category	Time	Difference
51	Emil Ingebrigtsen	Ekne IL	1 km	G-9		
52	Linus Almlı	Markabygda IL	1 km	G-9		
53	Christian Skjesol	Aasguten IL	1 km	G-9		
54	Håvard Laugsand Hestmann	Nessegutten SPKL	1 km	G-9		
55	Dennis Lorås Eggen	Ekne IL	1 km	G-9		
56	Endre Skjerve Herstad	Nessegutten SPKL	1 km	G-9		
57	Kasper Friberg	Markabygda IL	1 km	G-9		
58	Albert Jacobsen	Frol IL	1 km	G-9		
59	Lars Eilert Aasen Falstad	Ekne IL	1 km	G-9		
60	Bendik Bjerkan Knipenberg	Skogn IL	1 km	G-9		

1 km - J-10

Bib	Name	Team name	Distance	Category	Time	Difference
45	Oline Langås Pedersen	Frol IL	1 km	J-10	4:47.9	
46	Hermine Rønning	Skogn IL	1 km	J-10	4:58.8	
47	Sigrid Føll	Skogn IL	1 km	J-10	5:52.9	
48	Maja Haugan Skaufel	Frol IL	1 km	J-10	4:25.6	
49	Nora Westrum	Frol IL	1 km	J-10	6:42.2	

1 km - J-11

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	27	Live Marie Langøygard	Frol IL	1 km	J-11	3:25.0	-
2	26	Alde Thun Tunset	Aasguten IL	1 km	J-11	4:02.2	+0:37.2
3	25	Helle Thun Tunset	Aasguten IL	1 km	J-11	4:15.8	+0:50.8

1 km - J-12

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	8	Mille Bollerud	Aasguten IL	1 km	J-12	3:27.8	-
2	9	Malin Brønne	Aasguten IL	1 km	J-12	3:57.1	+0:29.3
-	7	Mali Karin Husvang	Aasguten IL	1 km	J-12	DNS	-

1 km - J-8

Bib	Name	Team name	Distance	Category	Time	Difference
77	Iris Steensgard-Munkeby	Frol IL	1 km	J-8		
78	Ylva Ness Aune	Frol IL	1 km	J-8		
79	Nora Sundal	Nessegutten SPKL	1 km	J-8		
80	Sofie Brønne	Aasguten IL	1 km	J-8		
81	Sanna Sandstad Skjeset	Frol IL	1 km	J-8		
82	Signe Spets Haug	Ekne IL	1 km	J-8		
83	Eline Skjelbred Harbækvold	Skogn IL	1 km	J-8		
84	Ane Rønning	Skogn IL	1 km	J-8		

1 km - J-9

Bib	Name	Team name	Distance	Category	Time	Difference
61	Helene Jøssang Ekle	Aasguten IL	1 km	J-9		
62	Vilma Ingebrigtsen	Ekne IL	1 km	J-9		
63	Alva Andrea Midjo Haug	Ekne IL	1 km	J-9		
64	Hedda Sørmo	Markabygda IL	1 km	J-9		
65	Eline Loe Brenne	Skogn IL	1 km	J-9		
66	Otelie Lian Strand	Frol IL	1 km	J-9		
67	Sofie Westrum	Ekne IL	1 km	J-9		
68	Mali Rønning	Skogn IL	1 km	J-9		

2 km - G-13

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	136	Even Almlid	Aasguten IL	2 km	G-13	6:05.3	-
2	137	Aksel Sandstad Skjeset	Frol IL	2 km	G-13	6:44.2	+0:38.9
3	135	Petter Løvås Valstad	Nessegutten SPKL	2 km	G-13	7:44.5	+1:39.2
4	138	Iver Steffenrem	Nessegutten SPKL	2 km	G-13	7:47.7	+1:42.4

2 km - G-14

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	144	Daniel Alstad	Frol IL	2 km	G-14	6:40.7	-

2 km - J-13

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	143	Frida Sivertsen	Frol IL	2 km	J-13	6:38.4	-
2	139	Sofia Meyer-Ekle	Aasguten IL	2 km	J-13	7:14.9	+0:36.5
3	142	Frida Rønning	Skogn IL	2 km	J-13	7:52.4	+1:14.0
4	141	Anna Mørreaunet Bentzen	Skogn IL	2 km	J-13	9:41.9	+3:03.5

2 km - J-14

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	132	Vilde Tangstad Husby	Aasguten IL	2 km	J-14	6:29.7	-
2	130	Solveig Skoglund Leithe	Frol IL	2 km	J-14	6:40.2	+0:10.5
3	131	Amalie Brønne	Aasguten IL	2 km	J-14	6:43.7	+0:14.0
4	133	Live Thun Tunset	Aasguten IL	2 km	J-14	6:48.0	+0:18.3
5	134	Selma Langøygard	Frol IL	2 km	J-14	7:04.0	+0:34.3

3 km - D-senior

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	164	Marte Skoglund	Frol IL	3 km	D-senior	10:27.5	-

3 km - G-15

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	151	Eirik Gravdal Zetterström	Frol IL	3 km	G-15	8:44.8	-

3 km - G-16

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	148	Ludvig Langøygard	Frol IL	3 km	G-16	8:15.2	-
2	158	Sondre Skoglund Leithe	Frol IL	3 km	G-16	8:32.4	+0:17.2
3	155	Jonatan Fuglesang Skei	Nessegutten SPKL	3 km	G-16	8:35.6	+0:20.4
4	152	Jonas Alstad	Frol IL	3 km	G-16	9:01.8	+0:46.6

3 km - G-17

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	154	Hallvard Steffenrem	Nessegutten SPKL	3 km	G-17	9:41.5	-

3 km - G-18

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	157	Vemund Svendgård-Roe	Skogn IL	3 km	G-18	8:18.3	-

3 km - M-junior

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	150	Markus Haaland Sandberg	Nessegutten SPKL	3 km	M-junior	8:37.6	-

3 km - M-senior

Place	Bib	Name	Team name	Distance	Category	Time	Difference
1	161	Hermann Leithe	Frol IL	3 km	M-senior	8:02.0	-
2	156	Øyvind Ervik	Nessegutten SPKL	3 km	M-senior	8:57.1	+0:55.1
3	162	Anders Hestmann	Nessegutten SPKL	3 km	M-senior	9:09.0	+1:07.0
4	160	Øystein Haug	Ekne IL	3 km	M-senior	9:11.9	+1:09.9
5	163	Morten Andre Stokkan	Aasguten IL	3 km	M-senior	9:38.2	+1:36.2
6	149	Eivind Ness-Jensen	Frol IL	3 km	M-senior	10:34.4	+2:32.4
7	153	Øystein Brenna	Frol IL	3 km	M-senior	11:21.0	+3:19.0
-	159	Espen Engum	Nessegutten SPKL	3 km	M-senior	DNS	-